

PROGRAM SCHEDULE

(subject to change)

9.00 am to 11.00 am

Little Athletics and Junior Events

for 'Tots' (under 5 years) to 15 plus years

divisions organised by Lithgow Little Athletics Club

Event 1 11.00 am **THE VALLEY CHALLENGE** 5000 m \$2000
Proudly sponsored by Lithgow City Council

11.30 am **Presentations to...**
Lithgow Athletics and Junior Winners
The Valley Challenge Winners

NSWAL PROGRAM

Event 2 12.00 noon **Novice – Vets Handicap** 120m Heats
Proudly sponsored by Maritime Mining
Power Credit Union

Event 3 12.20pm **Sprint Handicap** 70m Heats
Proudly sponsored by Tourism NSW

1.00pm OFFICIAL OPENING AND WELCOME OFFICIAL OPENING OF THE ASHLEY GRANDSTAND Mayor of Lithgow Cr Neville Castle
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Event 4 1.15 pm **LITHGOW FLASH® GIFT for women** 120 m Heats
Proudly sponsored by Centennial Coal

Event 5 1.45 pm **LITHGOW GIFT® for men** 120 m Heats
Proudly sponsored by Westfund

Event 6 2.30pm **Sprint Handicap** 70 m Semis
Proudly sponsored by Tourism NSW

Event 7 2.50 pm **LITHGOW FLASH®GIFT for men** 120 m Semis
Proudly sponsored by Westfund

Program Schedule (continued)

Event 8	3.10pm	LITHGOW FLASH® GIFT for women Proudly sponsored by Centennial Coal	120 m	Semis
Event 9	3.30 pm	Open 300m Handicap Proudly sponsored by Harvey Norman Lithgow	300 m	Heats
Event 10	4.00 pm	ZIG ZAG Mile – all off scratch Proudly sponsored by Henry Plant & Equipment Hire & Lithgow Workies	1600 m	\$2,000
Event 11	4.15 pm	LITTLE ATHLETICS FINALS Senior Girls Senior Boys	100 m 100 m	
Event 12	4.30 pm	Novice – Vets Handicap Proudly sponsored by Maritime Mining Power Credit Union	120 m	\$1,000
Event 13	4.40 pm	LITHGOW FLASH® GIFT for men Proudly sponsored by Westfund	120 m	\$10,000
Event 14	4.55 pm	LITHGOW CELEBRITY SPRINT Proudly sponsored by Lithgow City Council	70 m	
Event 15	5.05 pm	LITHGOW FLASH® GIFT for women Proudly sponsored by Centennial Coal	120 m	\$11,000
Event 16	5.20 pm	Sprint Handicap Proudly sponsored by Tourism NSW	70 m	\$1,000
Event 17	5.30 pm	Open 300m Handicap Proudly sponsored by Harvey Norman Lithgow	300 m	\$1,500
Event 18	5.40 pm	Open Invitational Back Markers Handicap Proudly sponsored by Delta Electricity	120 m	\$2,400